## ONE OF THE SMART FALL WALKING SVITS.



of cream through it. The tight-fitting jacket shows the new revers and the vest, which is to be such a prominent feature in the fall styles. The plaited skirt in the equally fashionable tabs. The hat which completes the costume is of brown plush and silk, with an Art Nouveaux buckle in rose gold at the side.

### LIGHT SILK COATS AND CAPES FOR EVENING WEAR

Mon Now Decrees the Three Quarter-Length Wrap With Large Kimono Sleeves-Grass Line n. Elaborately Embroidered, Is Made Up Over a Lining of W hite Chiffon.

tority.

white chiffon.

ing chiffon.

FOR THE SUNDAY REPUBLIC. fascinating cloaks of all materials are made up in this way, but there is also ever a problem, for a cloak of any seen the long silk cloak with large puff oven of the lightest texture, is freemfortable and yet with a wrist, the collar cosely fastened at the or ball gown a light wrap or thin neck. Even for summer this model is

sel in necessary. Sight-weight cloth capes are used for the purpose, but are apt to be too heavy for midrumner, although many of the doths of to-day are no heavier than a number of silk materials.

Extremely pretty are many of the evening wraps made up in cloth, white cream ne pale shade, lined with a thin

Mina or taffeta silk. Taffeta, louisine, peau de sole and crepe

Se Chine are all popular materials for this light wrap and are made up to be as this and cool as possible. re is generally a lining of fine China

or habutal silk, but even this is sometimes dispensed with Satin, too, is worn, but not so generally as for the winter cloak, but thin liberty slik, liberty satin, chiffon and sauses of all kinds are most affective and look delightfully cool and attractive if made up after a good model.

At present fashion seems to decree the bree-quarter length wrap with large ki-tono aleeves. At least any number of can be fastened or not, at will.

Lace, Braiding and Fancy But-

tons as Ornaments.

Although the season's stock may not ye

be all made up in the fashionable houses.

many sample garments, and plush and sloth models are at hand from which to

Fure this season are to be much orna-

and fancy gilt or cut steel buttens will be

used on these garments in great profusion.

Vests of suede or cloth and appliques of

these materials set on with fancy braiding

ernament many.

The vests appear in nearly all of the

short jackets and boleros. Handsom-metal belts will also be worn as a finish

Sleeves are very much larger than last

season and show many variations. In the most fashionable cuts the fullness lies

ELABORATE NEW FURS exact opposite to this effect appears in a straight line at the outer fold, from houlder to elbow. The sleeve is so cu that from this point in to the forearm is another straight horisontal line. These two lines of the fullness most at the elbow at right angles, so that the effect of this sleeve is a square fall of fullness at the

sleeves caught into a deep cuff at

more sensible but the looser cape is so

comfortable as to be preferred by the ma-

Exceedingly effective is one model in

grass linen, elaborately embroidered, in pale-blue and made up over a lining of

The cost is made as the model described

above, full three-quarter back, rounded

toward the front so as to come but a little

below the hips, to all appearance as a

short cape save for the loose flaring

The material is bordered with a band of hand-embroidery, the sleeves as well be-ing finished in this way, while the whole effect is softened by deep ruffles of ac-cordion-pleated chiffon. Sleeves, sollar

and all are finished with the soft become

Just at the throat are long ribbons, end

of gauxe, finished with tassels of vari-

colored silks, the shades toning in with

Although it makes a woman gasp to The eld-fashioned leg-of-mutton sleeve has a place this season along with the bell sleeve, whose fullness is left loose and think of furs at this time of year, yet fashionable women are ordering their winer wraps already, because anything in fur ean be getten so much more cheaply

that which is caugus
forms of large sleeves.

Of all the fur garments seen this winter

Of all the more popular than the boleror
the hips and little jackets that just cover the hips.

#### NEW CENTERPIECES.

Tes table covers grew more and mor ous and are often marvels of beauty One of the latest is round and made of heavy linen, with an exceedingly deep border of Russian lace, combined with Cluny, in a most novel and fascinating

The deep ecru of the Russian braid with the white of the Cluny makes a fine and showy contrast, and the two are combined so perfectly as to make one harmo from the elbow up, rather than below. An I nious whole.

To elter this particular quality would

FRENCH COIFFURE THAT "AIRS" AND "RESTS" THE SCALP

Two Things Most Essential in Warm Weather to Preserve the Hair.

WRITTEN FOR THE SUNDAY REPUBLIC. If there is one thing a woman will fankly admire in another it is beautiful

But as a restler of fact there are few heads of hair which may not be beautiful if only a woman will core for it properly be clossy and at its best unless time is taken to keep it in order.

Many women seem not to realize this,

but to think that if they run a comi through it in the morning and give a few dabs with a brush that is sufficient, but it

ing to be done, and especially is the sum mer should attention be paid to other de-

new hair does not grow ou. . Iv or often then nalling down her ha als and belts and

give the bair air, and in this summerties fortable and it is doubtful if the new fig-

form a hot cushism, and of purting the higher in the want and derivedly high-knot in the neck. This then hover the or in the hold line. And what is much head comparatively free, though even yet | more important from every standpoint is fashio, cliegs to a pompadour, which that the waist itself is smaller, "Resting" the bair is merely letting it.

short and thin, and as the strain always as long as she succeeded in pulling down physical culture to develop the figure comes in the same place in the scale it her beit in front to give her the fashion-properly, but it can be done. well to have at least two mays of dressing it, and lifternate every few days, but the most important "rest" is given at the small waist. It is a waist that is less

dressing, and this is most important.

loose at night without being made nervous by it this is the best "rest" it can be pulling of braids. But few women can stand loose hair about their face on the pillow, and so they must do the next they are very clearly defined Never, under any conditions, allow it to

EXERCISES THAT BUILD UP A GIRL'S FORM According to French Ideas of Beauty.



come under the new rules without diffican do it by planning when she cannot do

The bust must be very full and very has owned up to twenty-nine or thirty. and the high, full, well-developed figure She did not care how big her waist was its coming in. It will take a great deal of

Then, the shoulders must be broad. In-But now the figure is changing back to in breadth. The wider the shoulders the

forty-inch waist or a thirty-eight-inch will not be too well developed for beauty. Nearly all of the Gibson girls wear a forty-inch shirt waist. They need the fullness in the shoulders, for very wide shoulders are to be the rage.

The new figure, as will be noted, is study in contrasts. Woman will have the

subject of training the voice and their

individual methods, and from the experi-

ences of these masters, generally, one can

gather much that is beneficial aside from

personal experience.

To publish a method for tone produc-

tion is an impossibility. Each voice is a particular study in itself. One seldom finds

two voices of like quality or with similar

faults, and each must be treated individ-

ually. The physical condition of the body

is essentially the first consideration. One

famous singer claims she owes her

Mme. Pattl says the secret of preserva-

solute freedom from care and excitement.

Mme, Maurice Strakesch, told me her cen-

stant care for Adelina was to study the

best and purest air for her, changing ac-

Opera in Paris she avoided the city and

It might be interesting to mention, also,

that Patti has one of the deepest and

SOME PERSONAL EXPERIENCES.

Some claim Mile. Patti refrained from

speaking before singing in public because

her speaking voice was so badly placed.

As a high soprano she had, in speaking, a

lived in the suburbs.

low contralto quality.

richest of speaking voices.

healthy voice to her daily baths.

broad. This calls for splendid physical, her stand in the saiddle of the floor. Place development and for a great deal of dis-cretion in the manner of exercise. Hap-hazard work will not do at all.

much as possible. Let her take a deep, Just how she is going to get this new

and her waist large. "How shall I reduce found several inches smaller than before, my waist without reducing my entire figure?" is something she frequently asks ing a long, full breath will, somehow, herself. And this is one of the things make the waist line less. It seems, for the which physical culture teaches.

in the right way. Pugilists, wrestlers and to her old baggy, saggy condition. luce herself. The second one is that a little and the shoulders and hips very all highly developed athletes have very small waists, though they are full in the arms and in the chest.

absolute necessity. The new voluminous sleeves will hang like bags unless the the digestive apparatus is out of order the arms are full and round.

Stand erect and take your physical cul-loose, the stomach puffs out and the waist ture exercises. Throw open your lungs and take long, full breaths. Lie down upon the floor and lift the feet slowly un-til they are balanced over your head.

waist will be big. The clothing is worm loose, the stomach puffs out and the waist looks too large. You will never find a nice, trim waist where there is indigestion. The kind of food plays an important part in the reduction of the waist. "What

Lift them up and gradually let them swing over your head and back of you unest benefit to the physical culturist

avoid. Do not lift heavy weights. They increase the muscles around the waist line and do a woman no good from any stand-

Lo not try to hang by your hands from a pole or from any object about your head. This, too, strains the muscles of the waist and belt line and is none too good for one's But you must know how to select. The

Do not try to stand on your head. This may seem an unnecessary admonition, yet it is a fact that a certain enthusiastic physical-culture director had all his pupils lined up in that manner.

The result was a series of headaches and the abnormal development of certain waist and back muscles, while the lungs poread the hands and made them knotty Do not make the muscles rigid if you are going to reduce the size of your waist. Try no strenuous movements. Let your every exercise be marked by suppleness

The very act of standing erect will decrease the size of your walst. If you doubt this, try an experiment to convince yourself. It is easily done.

A LESSON IN EXPANSION. Take the stoutest, strongest, biggest woman you know. Select one whose waist

long breath. Let her expand, as puglillats figure, this small waist and these full will say.

shoulders, is a question to the girl who is Now, while the figure is expanded, take exercising and who finds her figure full and measure the walst line. It will be moment, to develop the figure as it should ENERGISE TO BE AVOIDED. be developed. But as soon as a woman takes the next breath she is back again

Now, eating is an important factor in reducing the size of the waist. The woman who eats everything and drinks everything will never have a nice little waist. She will have indigestion and the minute waist will be big. The clothing is worn

shall I eat?" inquires the woman who is reducing. "And what shall I eat?" asks til they touch the floor. This is a sort of the woman who wants to make her waist inverted somersault, which is of the great-smaller, but who doesn't want to diet. set benefit to the physical culturist.

And no woman wants to diet. Dieting is
Here are physical culture exercises to disagreeable. You cannot eat what you

want. You cannot eat what is on the famfly table. You cannot partake of the food which is around you, and you feel like a culprit. You are forced to go without your Yet dieting is not necessary. You can

eat anything and still reduce your waist. woman who sits down to the family table and consumes several glasses of water, at so many women do, or who buries herself in little oceans of tea, or who takes two or three cups of strong coffee, will never tioned shoulders. Such promiscuous drinks ing and good physical development do not

THE WRONG FOODS TO BAT. And again the woman who places fresh-ly baked bread upon her table and who eats lavishly of it will not have a mice figure. If the bread is made of fine white flour and is raised with yeast she may be sure that it is still in a state of fermentation when it is taken from the oven If you put your ear to a large hot loaf of bread you can hear it.

The yeast will continue to "work" for twenty-four hours, during which time the Take the stoutest, strongest, biggest bread should be kept in a place where it will keep meist and fresh. Then it is ready to be eaten. It can be rebeated and served as fresh bread, as indeed it is.

issue and one for choice, with heat and

dust and other summer idiosyncrastes on

Now, this is a fabric that has stood the

tem of time, without a rival, and, entirely

apart from the fact that La Mode has

granted it the grace of an immediate ap-proving smile, is what I should advise,

the tapis, of sinara.

#### MOHAIR WRAPS with WIDE SLEEVES with world-renowned specialists on this

Very Serviceable for Traveling, dental mustin collar, for its successful Serving as a Protector Against Dust.

WRITTEN FOR THE SUNDAY REPUBLIC. The wrap of the hour is mobule with wide wing sleeves. Beneath, a guita ephemeral gown is possible or the ubiquitous shirt and blouse permissible. But the wrap is not at the same time the alpha and

Traveling, in many insances, spells touring, under which condition a costume speclally devised to meet the proposed exigencles is far and away the most comfortable conclusion to the matter.

omera of the matter.

hape, some triffe in the shape of an incl- | leather belt.

A costume, let it be said, in no sort dependent on laundered details beyond, per-

with never a thought elsewhere. Respecting the fashloning thereof, my prophetic instinct whispers the elegano of a princess effect, closing down the left

side from throat to hem. This in effect only, however, the skirt, simple, well-hung affair, guiltless of

pleats, but with a nice flare at the feet, being planned apart from the slightly blouse upper part, the two, however, finding admirable alliance beneath some chie

donnas in this respect,

Mile. Calve tells a most amusing story in her fascinating way apropos of her negligence as to her early physical de-

"Thin as a nail," she describes herse'f. and says she was particularly occupied with the size of her limbs when she made her debut as Cherubino in "Le Nozze di Figaro," in Brussels. Tired, after a long but successful search for false calves, she

Patti knows how to use her singing appeared. voice, and consequently her speaking The had proportions put the audience voice, and appreciated that in order to be into an uproar. The director tore his hair, ordered legs off, and the transformation, so suddenly, was as funny. Her

debut was a success Walking as an outdoor exercise without

Patti is not different from other prime doubt is good, as is swimming also, because you have to breathe through the nose with a few simple extras.

Mme. Marchesi, aside from her preparatory course of three years, insists on singers eating spinach daily for the voice. A wholesome, simple diet is good. Nothing affects the voice sooner than a poor stom-

Regarding proper poise of the body, a straight backbone is the first essential. This lifts the chest sufficiently without straining and flatiens the abdomen, giving proper breathing position.

Never prepare for a breath; always be ready, standing straight, and the lungs will develop while inhaling and exhaling

# SECRETS OF VOCAL CULTURE.

folced in a big waist. She has confessed

DON'T PULL IN YOUR WAIST.

by six inches than the waist of last win-

around the beit must get ready to meas-

ure twenty-three. And women whose belt

measurements were twenty-four inches

the waist the better.

Nomen who measured twenty-nine

Hints for the Cure of Thin and Threaty Voices, by Miss Alice Breen-What Great Singers and Speakers Say-Simple Exercises.

Natural American voices, particularly the American speaking voice, have long

tional depreciation. Americans are taught to regard their vocal organs as naturally of a less plastic or sympathetic nature than are those of foreigners.

been by popular prejudice a thing for na-

This idea is contested by Miss Breen, herself a singer, distinguished by an exceptionally sweet voice, who has recently devoted considerable attention to the study of the characteristic defect in the vocal or

gans of her countrywomen. Her theory and sincers balled thee th English language has infinite possibilities in the way of its vocal sounds and that the American voice may, with little attention, be made an effective and efficient medium for the reproduction of these

BY MISS ALICE BREEN. WRITTEN FOR THE SUNDAY REPUBLIC. The question of the importance of voice production very often arises for the singer, lecturer, actor, preacher or in the or-

sounds are interesting and instructive

dinary use of the speaking voice in private life, and its serious neglect in the cultivation of the placement of the voice. In America education in this respect is

seriously neglected from childhood, and in European countries it is a branch most bertendome In the proper study of a foreign lan-

guage the necessity of pure diction is forced upon you, especially in France.

This is acquired not by following a grammar with your eyes, but by carefully acquainting your ears to the sound of other

voices and your own.

The ears have to be opened to the sound Why should Americans allow it to be

generally considered that their voices are thin and throaty? We have as beautiful vowel sounds as any other language. They neglect the pure diction of their own English, and consequent placement of

Excuses are not allowed to-day to harsh or throaty speaking voices it is ertainly a neglected education. A singer or speaker will be admired for

the natural beauty or the quality of his voice and perfect enunciation, but he slone knows the difficulties he has overcome. Sound is composed of irregular and regular vibrations, noise and music, and for this quality, freedom and resonance are needed. Sir Morell Mackenzie says: " out artistic enunciation sound loses all its

and music the drapery. It is important, though, that in speaking a musical note shall not be recognized to avoid making it singsong, not to speak in monotones, of course, but with the natural variety of inflections for expression with flexibility and freedom for sound.

greatest charms." Singing is only a high-

er order of speech; words are the spirit

The close relation in speech and song when approaching the singing voice under the same methods of placement gives it sympathy in quality and character, whether the voice is naturally pitched high or



be as ridiculous as to change a contratto singer into a soprano or vice versa. Many good singing voices are impaired by the bad use of the speaking voice, and care in childhood cannot be too strongly

emphasized. MAKE HASTE SLOWLY. The drapery is often placed on too soon,

People who are musicians, organists or planists often undertake the cultivation of the voice, giving repertoire in opera before the vocal apparatus has been strengthened and prepared, which is a mistake. This art is a specialty in itself, and is not to be tampered with.

Our greatest throat specialists, among whom are Doctors Mackenzie, Poyer and P. E. Miller of London, Paris and New York, agree that the most serious throat affections are often caused by improper understanding of their own instrument, its uses and abuses; improper breathing, for cing hammering at the glottia.

Being in touch with some of the greatest singers and their opinions through experlence on the subject of their delicate organs. I have heard one describe the forward placement of her voice as "thinking forward." Another speaks especially of the im-

portance of his nose. This is simply their manner of expressing the acquired art of using the facial resonators, so commonly unused and undeveloped, They speak and sing above the throat. and have learned to hear and treat their voices as though they were instruments

apart from them, undisturbed by any muscular tension in the throat. The simplicity and ease of tone produc

rested and fresh for a public appearance tion are the secret of its development, and it was necessary to refrain from speaking the complete training of the singing voice takes years of cultivation. or singing that day, giving absolute re-Opportunity has made me acquainted